

TRI-STATE STAFFING



March 2011 Newsletter



Setting Goals –What are yours?



1. **Write them down!** Writing your goals moves the goal from passive wish into an active target. Put them where they are visible at all times. This will be a constant reminder of where you are going and where you want to be. Read them every day!
2. **Be specific!** You need a clear picture and be focused on a specific idea. The more specific, the more likely you will achieve it.
3. **Are they measurable?** Keep track of your progress.
4. **Are they attainable?** Your goal should not be unrealistic. Are your goals challenging and attainable?
5. **Have a deadline?** Set the actual dates your goals should be reached. By doing this, you are forcing yourself to take action!
6. **Stated positively?** You must be able to see yourself taking action on the goals. It will work better when stated positively and concretely.

These are some helpful hints to assist you with your goals. Make sure you have both personal and professional goals. As you attain one, cross it off and set another one. This process will keep you moving forward and keep you challenged.

From the library of

WWW.TRISTATESTAFFINGSITE.COM

REGISTER TODAY FOR FREE!

WEBINAR TOPICS

MARCH 2011

WWW.TRISTATESTAFFINGSITE.COM

*Sign up for a **FREE** live webinar today! Just go to the above site and register. There are some great topics this month!*

Dates to Remember

March 13	Daylight savings begins
March 17	St. Patrick's Day
March 20	First Day of Spring



TIMESHEETS

Please make sure you are turning your timesheets on time each week.

FUN FACTS ABOUT MARCH...

Gemstone: Bloodstone

Flower: Jonquil (a.k.a. daffodil)



Where does the word March originate from?

The word 'March' originates from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war.